

Building the skills for Sustainable Healthcare

Charlotte Carson – Lead Facilitator

INSPIRE

EMPOWER

TRANSFORM



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SUSTAINABLE
HEALTHCARE
inspire • empower • transform

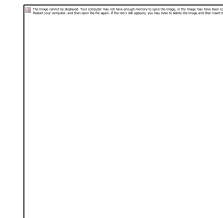
The Centre for Sustainable Healthcare



18 years of
experience



Evidence-based
approach to change



Collaboration to reshape and
create a sustainable healthcare
system



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The Principles of Sustainable Clinical Practice

1. PREVENTION

Promoting health and preventing disease by tackling the causes of illnesses and inequalities

3. LEAN SERVICE DELIVERY

Streamlining care systems to minimise wasteful activities

2. PATIENT SELF-CARE

Empowering patients to take a greater role in managing their own health and healthcare

4. LOW CARBON ALTERNATIVES

Prioritising treatments and technologies with a lower environmental impact



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How to build change?



Individual

Build knowledge
and confidence



Courses, e-learning and online workshops



Team

Turn shared challenges
into action



Team training and facilitated workshops



Leadership

Create the conditions
for change



Leadership workshops and bespoke programmes



Our Programmes

Equip healthcare professionals and organisations with methods and metrics for sustainable models of care.



Sustainability in
Quality
Improvement
(SusQI)



Membership and
Partnership



Sustainability
Impact Analysis
(Carbon
footprint)



Green Space
for Health



Education &
Training



Sustainable
Specialties



sustainablehealthcare.org.uk



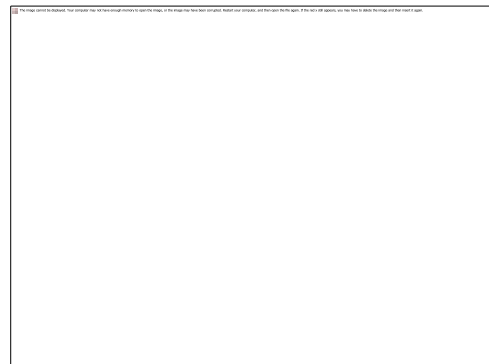
sushealthcare.bsky.social

Why education matters

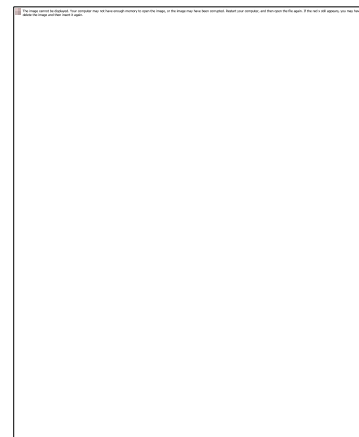
- ❑ **Seatbelts-** education, awareness and reinforcement
- ❑ **Hand hygiene** - training, feedback & behaviour change programmes
- ❑ **Smoking** – education and culture change



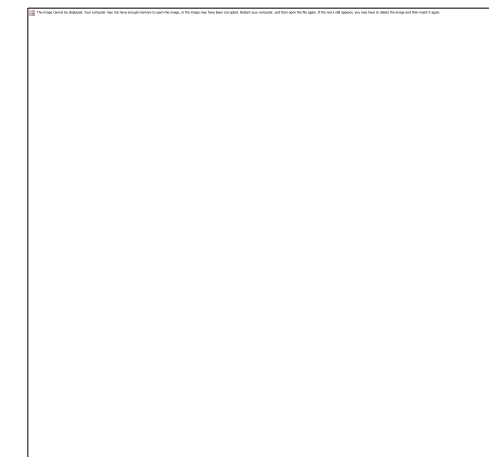
Carbon Footprinting and Sustainable QI



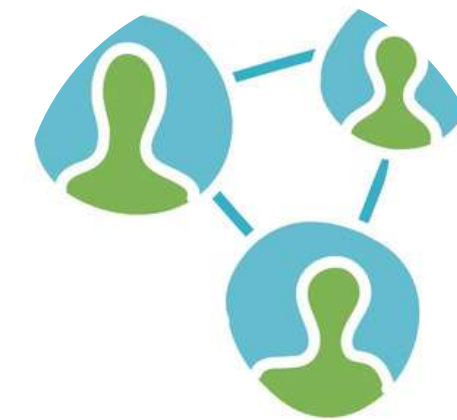
**Case studies,
Tools & Resources**



**Consulting &
Bespoke
Workshops**



**Carbon
Healthcare
Courses**



**Carbon
Footprinting and
SusQI Networks**



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Net Zero Leadership Training for Boards

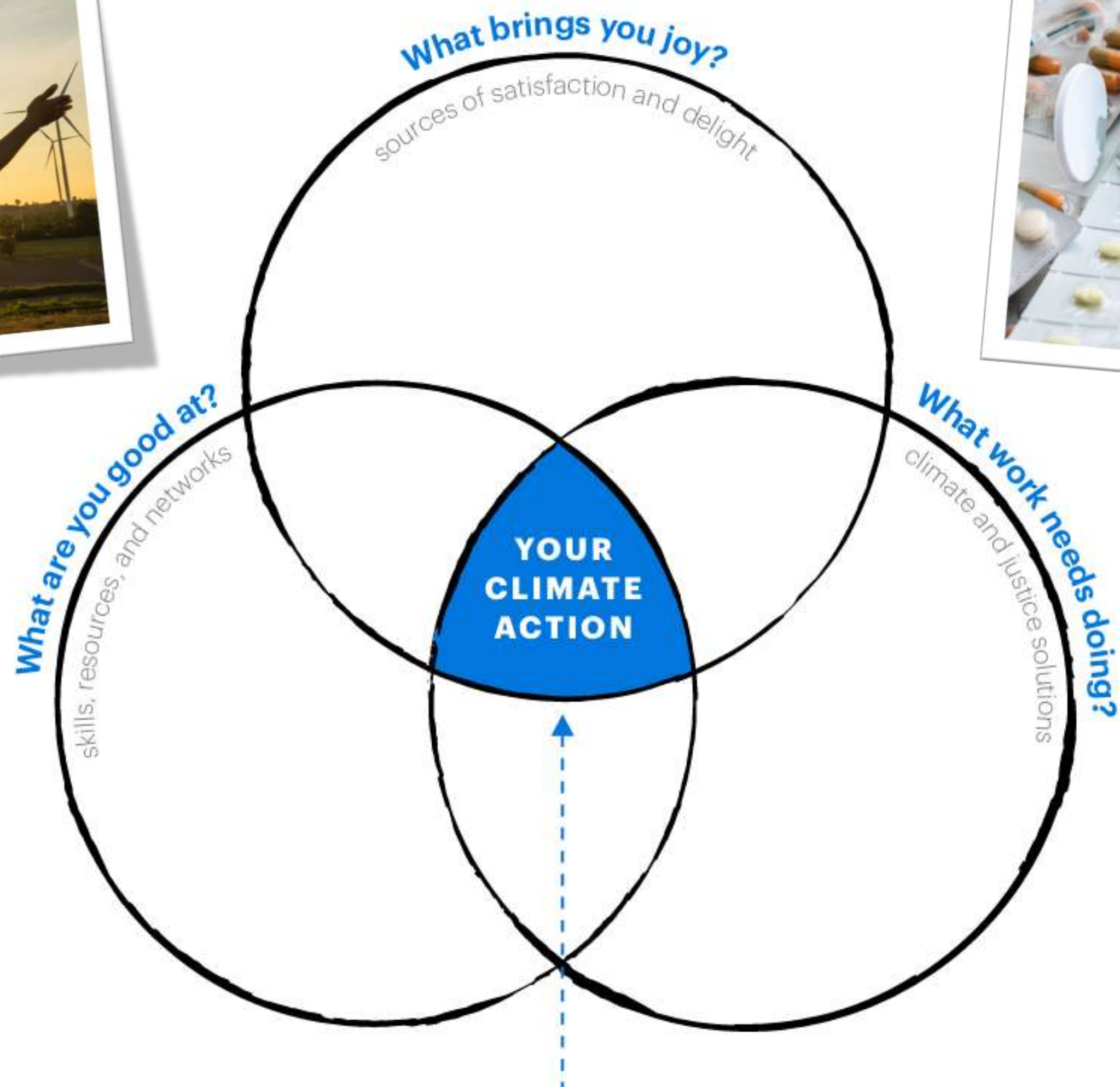
- Leadership skills for sustainability challenges
- Climate and health messaging
- Green Plans, evaluation and improvement
- Workforce development



"It was an opportunity to gain viewpoints from across the organisation, to share good practice/ideas and also to receive expert guidance from the facilitators on how we as an organisation can make a contribution in tackling this huge challenge."

Leadership for Sustainable Transformation





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Explore courses
Register for a workshop
Book a short conversation
Join a mailing list for relevant training

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